








## Risk Factors for Different Types of Traumatic Injuries in Primary Teeth

Thais Rodrigues Campos Soares<sup>1</sup>, Lucas Alves Jural<sup>1</sup>, Igor Sant'Ana<sup>1</sup>, Ronir Raggio Luiz<sup>2</sup>,  
Lívia Azeredo Alves Antunes<sup>3</sup>, Patricia de Andrade Risso<sup>4</sup>, Lucianne Cople Maia<sup>1</sup>

<sup>1</sup>Department of Pediatric Dentistry and Orthodontics, School of Dentistry, Federal University of Rio de Janeiro, Rio de Janeiro, RJ, Brazil.

<sup>2</sup>Institute of Public Health Studies, Federal University of Rio de Janeiro, Rio de Janeiro, RJ, Brazil.

<sup>3</sup>Department of Specific Training, School of Dentistry, Fluminense Federal University, Niterói, RJ, Brazil.

<sup>4</sup>Department of Dental Clinic, School of Dentistry, Federal University of Rio de Janeiro, Rio de Janeiro, RJ, Brazil.

Author to whom correspondence should be addressed: Lucianne Cople Maia, Universidade Federal do Rio de Janeiro, Centro de Ciências da Saúde, Faculdade de Odontologia, Disciplina de Odontopediatria, Caixa Postal 68066, Cidade Universitária, Rio de Janeiro, RJ, Brazil. 21941-971. Phone: +55 21 39382101. E-mail: [rorefa@terra.com.br](mailto:rorefa@terra.com.br).

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### Abstract

**Objective:** To evaluate traumatic dental injuries (TDI) in primary teeth and the association of gender and age with different injuries. **Material and Methods:** Records of patients with TDI in primary teeth were included. The following parameters were registered: gender and age, place of trauma, cause of trauma, affected tissue and tooth, number of injured teeth, type of injury, and gingival and bone damage. A logistic regression analysis was performed to explore the interaction between gender and age on the occurrence of types of injuries ( $p \leq 0.05$ ). **Results:** The total of 721 records were evaluated and 370 records were included, being 61.6% boys and 60.5% children aged 0–3 years old, with 658 primary teeth affected. The support tissue was most affected (496/658), followed by dental tissue (139/658). Enamel/dentine fracture with pulp exposure ( $n=51$ ) and intrusion ( $n=131$ ) were the most common injuries of dental and support tissues, respectively. In general, boys suffered more traumas than girls, regardless of the age range. As for concussion, logistic regression confirms that gender and age are also influencers. Girls ( $OR=1.822$ ,  $CI = 1.050-3.164$ ,  $p=0.033$ ) in the 4–6 year age group ( $OR=2.15$ ,  $CI = 1.239-3.747$ ,  $p=0.007$ ) are more likely to have concussions. Children age 4–6 years were less likely to suffer an intrusion ( $OR=0.496$ ;  $CI = 0.278-0.886$ ;  $p=0.018$ ). **Conclusion:** Gender and age influence concussion and intrusion in the primary teeth.

**Keywords:** Child; Tooth, Deciduous; Tooth Injuries; Risk Factors.

## Introduction

Traumatic dental injuries (TDI) are common in children and adolescents, relevant to public health, due to treatment costs and the consequences for oral health [1,2]. Such injuries can directly or indirectly influence the patient's quality of life in terms of aesthetic, functional and psychological changes, which can result in socialization problems [2-4]. Moreover, injuries are the reason for the first visit to the dentist in 40% of pre-school aged children [5].

Children with trauma in their primary incisors have more developmental disorders in their permanent successors than individuals without previous trauma. The child's age at the time of injury and severity of injury are associated with more serious developmental disorders. This fact only reinforces the importance of health promotion policies, which must be strengthened to encourage the implementation of preventive strategies to reduce the frequency of TDI in pre-school children [6].

Prevalence involving primary teeth can range from 16.3% to 62.1% [7,8]. In surveys conducted in communities and schools, under-diagnosis of dental trauma often occurs, since they are observed only as sequels after a trauma [9]. Several studies have shown a predilection for males and for younger children [7-14]; however, no reports exist in the literature evaluated at the same time reports were released regarding the relationship between gender and age with a different type of injury in primary teeth.

Thus, the aim of this study was to determine the frequency of TDI and the association of gender and age with different types of injuries in primary teeth of patients who attended the reference Dental Trauma Surveillance Center (DTSC) at the School of Dentistry at Federal University of Rio de Janeiro, Brazil.

## Material and Methods

### Type of Study and Sampling

This retrospective study evaluated dental records of children aged between 0 and 12 years old, who attended DTSC from 2005 to 2010. The inclusion criteria included systemically healthy patients with a history of TDI in primary teeth. Records of children with mental disabilities and those with incomplete data were excluded from the present study.

### Clinical and Radiographic Examination and Documentation

Professionals performing the initial examinations and emergency treatments were MSc dental students who had received prior training and were supervised by a professor during the procedures. The MSc students were trained with theoretical and practical classes on diagnosis and treatment of dental trauma using clinical and radiographic images.

At the time of injury, the following parameters were registered on trauma charts: the patient's gender and age (0-3 years old; 4-6 years-old), place of trauma, cause of trauma, affected tissue and tooth, number of injured teeth, type of injury, and gingival and bone damage. For each tooth, clinical information was recorded, which included the color of the clinical crown, dislocation, mobility, tenderness to percussion, percussion tone. The TDI diagnostic was made per Andreasen's classification [1]. Teeth that presented more than one type of injury were classified per their severity. The authors considered luxations more severe than fractures, except for fracture of enamel and dentin with pulp exposure that was considered more severe than concussion and subluxation.

### Statistical Analysis

SPSS Statistical Software, version 21.0 (SPSS Inc., Chicago, IL, USA) was used. A logistic regression analysis was performed to explore the interaction between gender and age on the occurrence of types of injuries. Logistic regression was performed in General Linear Models (GEE) to consider the internal correlation of the observations of each patient's teeth ( $p \leq 0.05$ ).

### Ethical Aspects

The study was approved by the local Research Ethics Committee (Protocol No. 1.885.653). All the subjects were treated in accordance with the Helsinki Declaration, and each subject participating in this study, along with their parents, signed consent forms with detailed information.

### Results

Of the total sample of 721 records, 370 (51.3%) met the criteria for inclusion in the study. The final sample had 61.6% boys and 60.5% of children aged 0–3 years old. The most common cause was fall from own height (51.1%) and the most common place of occurrence was at home (63.8%) (Table 1)

**Table 1. Features of patients with traumatic dental injury.**

Variables	N	%
Gender		
Female	142	38.4
Male	228	61.6
Age		
0-3 Years	224	60.5
4-6 Years	146	39.5
Place of Trauma		
Street	59	15.9
Home	236	63.8
School	41	11.1
Others	18	4.9
Not Answered	16	4.3
Cause of Trauma		
Fall From Height	189	51.1
Others Falls	80	21.6
Sporting Accidents	13	3.5
Car Accident	4	1.1
Others	65	17.6
Not Answered	19	5.1
Total	370	100.0

In our final sample of 370 patients, in which 658 primary teeth were affected. The boys (61.9%) had more teeth affected than girls (38.1%). The maxillary central incisors (80.2%) were the most commonly affected teeth in both genders. The support tissue was most affected (496/658), followed by dental tissue (139/658) and dental tissue and support (23/658).

Enamel/dentine fracture with pulp exposure ( $n=51$ ) and intrusive luxation ( $n=131$ ) were the most common injuries of dental and support tissues, respectively. In general, boys suffer more traumas than girls, regardless of age range. However, girls suffer more fractures of dentin enamel without pulp exposure in all evaluated age groups. In addition, girls aged 4–6 years suffer more concussions, while those aged 0–3 years suffer more subluxation than boys (Table 2).

**Table 2. Distribution of the presence of types of injuries according to gender and age.**

Type of Injury	Age (Years)	Male	Female
		N (%)	N (%)
Enamel Fracture (n=47)	0-3 (n=32)	23 (71.9)	9 (28.1)
	4-6 (n=15)	11 (73.3)	4 (26.7)
Enamel/Dentine Fracture without Pulp Exposure (n=42)	0-3 (n=32)	15 (46.9)	17 (53.1)
	4-6 (n=10)	4 (40.0)	6 (60.0)
Enamel/Dentine Fracture with Pulp Exposure (n=51)	0-3 (n=38)	27 (71.1)	11 (28.9)
	4-6 (n=13)	12 (92.3)	1 (7.7)
Concussion (n=109)	0-3 (n=50)	30 (60.0)	20 (40.0)
	4-6 (n=59)	25 (42.4)	34 (57.6)
Subluxation (n=81)	0-3 (n=40)	14 (35.0)	26 (65.0)
	4-6 (n=41)	27 (65.9)	14 (34.1)
Lateral Luxation (n=86)	0-3 (n=49)	29 (59.2)	20 (40.8)
	4-6 (n=37)	30 (81.1)	7 (18.9)
Extrusion Luxation (n=37)	0-3 (n=20)	13 (65.0)	7 (35.0)
	4-6 (n=17)	9 (52.9)	8 (47.1)
Intrusive Luxation (n=131)	0-3 (n=96)	64 (66.7)	32 (33.3)
	4-6 (n=35)	22 (62.9)	13 (37.1)
Avulsion (n=74)	0-3 (n=44)	28 (63.8)	16 (36.4)
	4-6 (n=30)	24 (80.0)	6 (20.0)

As for concussion, logistic regression confirms that both gender and age influence the occurrence of some types of injuries. Girls (OR = 1.822, CI = 1.050–3.164, p=0.033) in the 4–6-year age group (OR = 2.15, CI = 1.239–3.747, p=0.007) are more likely to have concussions. Children at age 4–6 years were less likely to suffer an intrusive luxation (OR = 0.496; CI = 0.278–0.886; p=0.018). Logistic regression did not confirm the influence of gender and age on the occurrence of other injuries (Table 3).

**Table 3. Interaction between gender and age on the occurrence of types of injuries.**

Dependent Variable	Independent Variable					
	Age (4–6 Years)			Gender (Female)		
	p-value	OR	IC (95%)	p-value	OR	IC (95%)
Enamel Fracture	0.363	1.003	0.328–1.502	0.186	0.592	0.272–0.287
Enamel/Dentine Fracture without Pulp Exposure	0.095	0.475	0.198–1.137	0.073	2.025	0.937–4.375
Enamel/Dentine Fracture with Pulp Exposure	0.095	0.495	0.217–1.129	0.067	2.166	4.948–1.055
Concussion	0.007*	2.155	1.239–3.747	0.033	1.822	1.050–3.164
Subluxation	0.060	1.752	0.976–3.148	0.067	1.733	0.961–3.120
Lateral Luxation	0.551	1.196	0.662–2.157	0.337	0.714	0.360–1.417
Extrusive Luxation	0.457	1.353	0.608–3.013	0.778	1.124	0.500–2.524
Intrusive Luxation	0.018*	0.496	0.278–0.886	0.413	0.795	0.459–1.377
Avulsion	0.848	1.058	0.590–1.898	0.192	0.657	0.349–1.233

Logistic regression was performed in General Linear Models (GGE) to consider the internal correlation of the observations of each patient's teeth (p≤0.05). \*Statistically significant (p≤0.05).

## Discussion

Brazil is considered one of the countries that most research about TDI. Despite the number of studies about dental trauma in primary teeth, better methodological designs are needed to offer a more substantial contribution to clinical practice and contribute to the establishment of preventive strategies to help reduce TDI frequency and its impact on the quality of life of children and their families [15,16].

In the present study, from the total number of patients included, 51.3% had one or more traumatized primary teeth. The frequency of trauma found in this study was higher than those found in the literature [12,14,17,18]. This high frequency is related to the fact that DTSC is a center of reference for the treatment of dental trauma in the city of Rio de Janeiro, making the diagnosis more reliable. When observing only fractures, discoloration and lost teeth, an under-diagnosis of traumatic injuries occurs [9]. In the evaluated sample, boys and children aged 0–3 years experienced the most dental injuries, corroborating with previous studies [7,14,17,19]. The injuries increase substantially with the child's first efforts to crawl and walk, due to lack of experience and coordination. The peak of incidences occurs from 2–4 years of age, followed by a second peak from 8–10 years of age [1].

In accordance with the literature [7,14,17-19], fall from height was the most prevalent cause of trauma in primary teeth and the most common place being in the house. These facts are comprehensible since most preschool children tend to spend most of their time at homes, under the guardianship of family or caregivers, as in most cases they do not have any social commitments. Moreover, as mentioned, children at this age are still maturing their motor skills and tend to suffer falls mostly from height.

The upper arch, due to its anatomic location, is itself more prone to suffering injuries and, in this sense, the central incisors followed by the upper lateral teeth are the most frequently affected teeth, as reported in various studies [7,18-21], including the present study.

Support tissue was the most affected in this study, which can be explained because of the resilient bone surrounding the primary teeth. The intrusion was the most common injury in support tissues. These results are contradictory to previous studies [7,17-19,22,23]. Because it is a referral center, the search for treatment is higher in cases of more severe injuries.

The cross-sectional design does allow examining the temporal relationship between variables. The sample was not representative of the population, since they recruited in a dental clinic of the university service. Nonetheless, the study provided an interesting evaluation about risk factors for dental trauma in deciduous teeth.








Several studies in the literature report on factors considered at risk for the occurrence of trauma in the primary dentition, but none of them compare these factors according to the different types of injuries [7-13,17-23]. Gender and age are considered the main confounding factors related to dental trauma in the primary dentition [7-14,17-24]. To further explore these factors, logistic regression was used to evaluate the relationship between the different types of injuries and gender (female and male), as well as the children's age group (0–3 years / 4–6 years).

Children aged 4–6 years were more likely to suffer concussions but less likely to suffer intrusive luxation. These results are important, since the literature describes the intimate relationship between primary teeth and its successors [1]. Traumas that do not cause a change in tooth position in the arcade have less chance of sequelae in the permanent dentition [6].

## Conclusion

Boys and children aged 0–3 years suffer the most TDI. The most common cause is fall from own height; the most common place is in the home, and the support tissue is the most affected. Girls are significantly more prone to suffering concussions than boys. Children aged 4–6 years are more likely to suffer concussions and less likely to suffer intrusive luxation. Therefore, this study concludes that gender and age can be considered predisposing factors to the occurrence of some types of injuries in the primary teeth.

## Authors' Contributions

TRCS	 0000-0001-8544-0627	Methodology, Investigation, Formal Analysis, Writing – Original Draft Preparation and Writing – Review and Editing.
LAJ	 0000-0002-9772-1562	Investigation, Formal Analysis, Writing – Original Draft Preparation and Writing – Review and Editing.
IS	 0000-0002-7859-2822	Methodology, Investigation, Formal Analysis and Writing – Original Draft Preparation.
RRL	 0000-0002-7784-9905	Methodology, Formal Analysis and Writing – Original Draft Preparation.
LAAA	 0000-0002-2115-6958	Methodology, Investigation, Formal Analysis, Writing – Original Draft Preparation and Writing – Review and Editing.
PAR	 0000-0001-9550-8242	Methodology, Investigation, Formal Analysis, Writing – Original Draft Preparation and Writing – Review and Editing.
LCM	 0000-0003-1026-9401	Methodology, Investigation, Formal Analysis, Writing – Original Draft Preparation and Writing – Review and Editing.

All authors declare that they contributed to critical review of intellectual content and approval of the final version to be published.

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## Conflict of Interest

The authors declare no conflicts of interest.

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